

October 2026

NEWSLETTER

Building Better Futures for Children, One Surgery at a Time

NEW CLINICAL INITIATIVE

CHILD SURGICAL CENTRE

Careplus Hospital, G-8 Markaz, Islamabad

An Initiative of Child Surgical Foundation (CSF)

SPECIALIZED CARE UNDER ONE ROOF

01

NEONATAL
SURGERY

02

THORACIC
SURGERY

03

PAEDIATRIC
UROLOGY

04

HYPOSPADIAS
SURGERY

05

COLORECTAL
SURGERY

MESSAGE FROM THE CEO

Dear Colleagues, Partners, and Friends of Child Surgical Foundation,

October 2026 marks an important milestone in CSF's journey with the launch of the Child Surgical Centre at Careplus Hospital, G-8 Markaz, Islamabad — a dedicated clinical initiative of Child Surgical Foundation that I am personally leading. The Centre brings together Neonatal Surgery, Thoracic Surgery, Paediatric Urology, Hypospadias Surgery, and Colorectal Surgery under one purpose-built facility, marking the next step in our mission to deliver comprehensive, specialised surgical care to children under one roof.

Alongside this exciting development, our affiliated hospitals maintained excellent clinical performance this month. I share the full details of the new Centre, along with this month's clinical highlights, below.



Prof. Dr. Nadeem Akhtar

**Chief Executive Officer (CEO)
Child Surgical Foundation (CSF)**

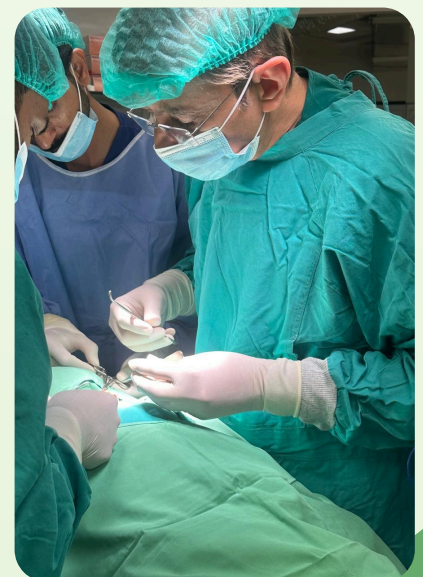
★ EXCLUSIVE UPDATE – NEW CLINICAL INITIATIVE

CHILD SURGICAL CENTRE, CAREPLUS HOSPITAL

G-8 MARKAZ, ISLAMABAD

Child Surgical Foundation is proud to announce the launch of the Child Surgical Centre at Careplus Hospital, G-8 Markaz, Islamabad — a dedicated clinical initiative of CSF, personally led by Prof. Dr. Nadeem Akhtar. The Centre has been established as a focused, purpose-built home for specialised paediatric surgical care, bringing the following services together under one roof:

The Centre is designed to streamline the patient journey — from consultation and diagnosis through to surgery and postoperative follow-up — while maintaining the high standards of safety and outcomes CSF is known for. This launch reflects a significant investment in the long-term growth of Child Surgical Foundation, and the Foundation looks forward to sharing the Centre's progress and outcomes in the months ahead.



01 Neonatal Surgery

02 Thoracic Surgery

03 Paediatric Urology

04 Hypospadias Surgery

05 Colorectal Surgery

THE PATIENT JOURNEY



CLINICAL ACTIVITY OVERVIEW

October 2026 carried forward the strong momentum of previous months across CSF's network of affiliated hospitals — Careplus Medical Center, Medisci Hospital, Ali Medical Center, and Advance International Hospital — now further strengthened by the new Child Surgical Centre.

OCTOBER 2026 AT A GLANCE

450+

DAY-CARE
SURGERIES

14+

MAJOR
COLORECTAL
SURGERIES

120+

CIRCUMCISIONS
PERFORMED

06

NEONATAL
EMERGENCY
SURGERIES

DAY-CARE SURGERY SERVICES

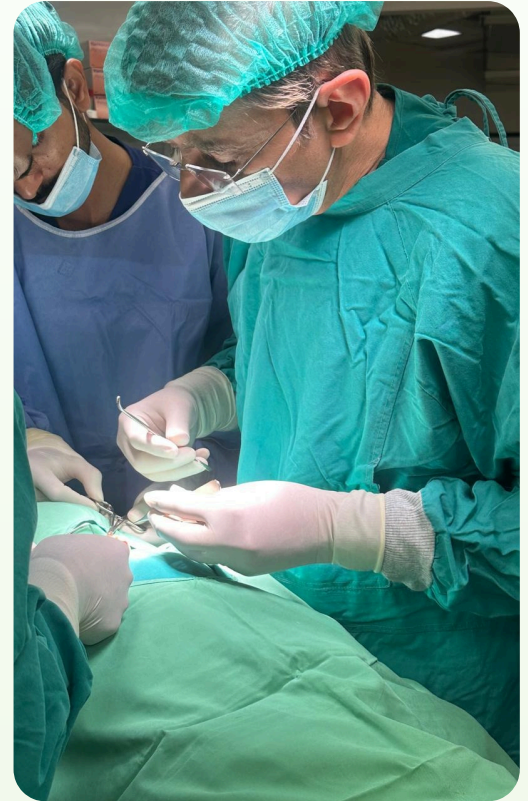
More than 450 day-care surgeries were successfully performed this month across CSF's affiliated hospitals, continuing the upward trend seen over recent months and reflecting sustained family confidence in CSF's safe and efficient day-care surgical protocols.

COLORECTAL CENTER – CAREPLUS HOSPITAL

The Colorectal Center recorded another strong month, with more than fourteen major colorectal surgeries successfully performed and managed by the dedicated colorectal team comprising Prof. Dr. Nadeem Akhtar and Dr. Gauri Shankar Pandit.

CIRCUMCISION CENTER

The Circumcision Center continued its excellent track record, performing over 120 circumcisions this month using the plastic bell method, with consistently low complication rates and high patient satisfaction.



CHILD SURGICAL CENTRE – FACILITIES & TEAM

The newly launched Child Surgical Centre at Careplus Hospital, G-8 Markaz, Islamabad, is staffed by CSF's core surgical team, including Prof. Dr. Nadeem Akhtar and Dr. Gauri Shankar Pandit, supported by dedicated nursing and anaesthesia staff. The Centre will operate as the flagship site for CSF's Neonatal Surgery, Thoracic Surgery, Paediatric Urology, Hypospadias Surgery, and Colorectal Surgery services going forward, while remaining closely integrated with the Foundation's other affiliated hospitals.



ACADEMIC & INSTITUTIONAL NOTES

FELLOWSHIP & TRAINING

Fellowship training in Neonatal and Paediatric Colorectal Surgery continued to progress well this month, with the launch of the Child Surgical Centre expected to further enrich hands-on training and case exposure across Neonatal Surgery, Thoracic Surgery, Paediatric Urology, and Hypospadias Surgery for trainees in the months ahead.



MESSAGE FROM THE DIRECTOR / FELLOW, CSF

Dear Readers,

The launch of the Child Surgical Centre at Careplus Hospital, G-8 Markaz, is a proud moment for all of us at CSF. Working alongside Prof. Dr. Nadeem Akhtar as this vision takes shape has been especially meaningful, and I look forward to the Centre becoming a true home for coordinated, high-quality paediatric surgical care.

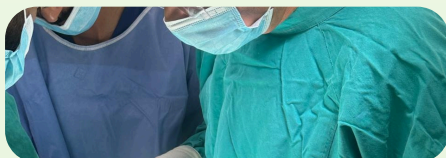
Our Colorectal Center also had a strong month, with over fourteen major cases managed alongside Prof. Dr. Nadeem Akhtar, while day-care surgery and circumcision services continued their steady growth across our affiliated hospitals.

I thank our CEO, our affiliated hospitals, and every colleague across CSF for their contribution to another month of progress, as we look ahead to building on the Child Surgical Centre's launch in October.



Dr. Gauri Shankar Pandit

**Director / Fellow, CSF
Neonatal & Paediatric
Colorectal Surgery**



BUILDING BETTER FUTURES FOR CHILDREN, ONE SURGERY AT A TIME

CHILD SURGICAL FOUNDATION

Child Surgical Centre · Careplus Hospital, G-8 Markaz, Islamabad

